

## Contact

If you have any questions about Homeopathic Treatment do not hesitate to contact me. There are times when I am unable to answer the telephone but please leave your name, phone number and a short message on the answer phone. If your call is urgent please state this in your message. Messages received evenings or weekends will be answered during office hours unless it is urgent.

### Oakleigh Homeopathy

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S81 8HB

☎ 01909 591246

Email: [elke@oakleigh-homeopathy.co.uk](mailto:elke@oakleigh-homeopathy.co.uk)

[www.oakleigh-homeopathy.co.uk](http://www.oakleigh-homeopathy.co.uk)

I also practice in Sheffield and Rotherham. For appointments there please contact the respective clinic:

### Wainwright Therapy Centre

2 Kenwood Road  
Netheredge  
Sheffield

☎ 0114 2552048

### Welsh Chiropractic Clininc

Brecks Crescent  
Rotherham

☎ 01709 702230

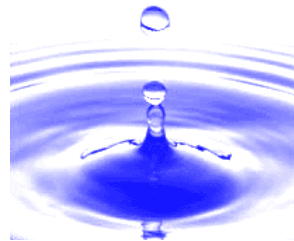
## About the Practitioner

**Elke Rohn** was born in Germany in 1957 and came to live in England in 1975. She discovered Homeopathy after the birth of her third son in 1984 and has used it extensively to support her family's health (human and animal!).



In 1989 she started the Professional four-year course of Homeopathy at the Yorkshire School of Homeopathy in Leeds and received the Diploma in Homeopathic Medicine in 1993 affording her the title Dip Hom. Registration with the Society of Homeopaths, the largest body registering professional Homeopaths in the UK, happened in 1994 affording her the title RSHom.

Elke is available for Consultations in Blyth, Sheffield and Rotherham, and as birthing partner during home or hospital confinements.



Recommended reading:

- *A Shot in the Dark*: Harris Coulter
- *Vaccination Handbook: What Doctors Don't Tell You*
- *Mass Immunisation*: Trevor Gunn
- *Dispelling Vaccination Myths*: Alan Phillips
- *Publications by the "Informed Parent"*
- *The Immunisation Decision: A Guide for parents*: Randall Neustaedter
- *Vaccination, the Medical assault on the Immune system*: Viera Scheibner – (highly recommended)

## Vaccination Choices



# Oakleigh Homeopathy

Complementary Health Care since 1993

## Vaccination Choices

Parents often worry when given an “all or nothing” choice regarding the vaccination of their child. Media coverage has brought to light problems with vaccination and leaves many parents wondering what to do. What most parents do not realise is that vaccination is **not** compulsory in Great Britain. This means that parents have a wider range of choice in this country (compared to for instance the US where vaccination is compulsory).

Homeopathy offers additional choices to parents who are uncomfortable at the thought of overwhelming the immune system of a 2 month old with up to 7 diseases at one time. Homeopathic Prophylaxis do not have side effects and can be taken by anyone including very young children.

### Choices are:

1. Delay vaccination until the immune system is stronger (approx. 18 months).
2. Vaccinate
3. Vaccinate but give each one separately so as not to barrage the immune system.
4. Only give certain vaccinations.
5. Only give certain vaccinations and also use Homeopathy to deal with after effects.
6. Give all vaccinations and also use Homeopathy to deal with after effects.
7. Use Homeopathic Prophylaxis only.
8. Constitutional Homeopathic treatment.
9. Do nothing.

Doing nothing is a negative choice as some form of treatment that involves boosting the immune system is desirable. Homeopathy certainly can fulfil this aim.

## Vaccination Choices 5 & 6

5. Only give certain vaccinations and also use Homeopathy to deal with after effects.
6. Give all vaccinations and also use Homeopathy to deal with after effects.

One Tablet of the appropriate Nosode to be administered in the evening before and morning of the vaccination; one tablet in the evening of vaccination (= after vaccination).

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7. Use Homeopathic Prophylaxis only.

Give the Nosode daily—1 tablet at bedtime—for 7 days; repeat when there is an epidemic.

It is possible to give combined Nosode i.e. DPT 30C although many parents choose to give them separately: Diphtherinum 30 for seven days – 1 week rest; then for instance Pertussin 30 for 7 days – 1 week rest ,etc.

## Vaccination Choices 8

8. Constitutional Treatment

This involves a thorough case taking (including time in utero), careful matching of appropriate Constitutional remedy and administration of remedy (by mouth – usually 1 or 2 doses in 12 hours) which will strengthen the overall predisposition of the child and deal with any health problems already experienced.

Homeopathic treatment is an ongoing process; this means that if new stress factors occur there may be a need to repeat the constitutional remedy, or a different more suitable remedy.

## Homeopathic Nosodes

Homeopathic Nosodes are Remedies made from a specific disease process, tissue or the vaccine itself.. They are prepared like all other homeopathic remedies in that they are subjected to a series of dilutions and succussions.

I use the 30C potency for Homeopathic Prophylaxis. This means there is not a single molecule of the original substance used to make the nosode left in the medicating potency.

I also favour giving separate Nosodes daily with 1 weeks rest between each Prophylaxis. If your child develops symptoms of any kind during the program of Homeopathic Prophylaxis simply discontinue giving the Nosode, wait until symptoms have subsided and you are sure your child has fully recovered and then continue where you left off. This way the immune system gets a clear message of what it has to prepare for.

## The Informed Parent

Some useful contacts to help you make your decision :

**The Informed Parent**  
P O Box 4481  
Worthing  
West Sussex  
BN11 2WH  
Tel/Fax: 01903 212969



[www.informedparent.co.uk](http://www.informedparent.co.uk)

[www.vaccination.co.uk](http://www.vaccination.co.uk)

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